

The Harefield Academy

Achievement through Active Learning

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Dear THA Students,

I am emailing you with information on Childline's 'Something's Not Right' campaign that you may have noticed on the plasma screens around the school and on our Instagram page.

2020 has been very different to normal years and lots of people have experienced difficulties at different points. Young people may be particularly concerned about:

- Things that have happened to them or someone else
- Not knowing where to go when they are scared
- Being at school, exams, or the future
- Coping with their mental health

Whatever's happening, you don't have to cope alone. Please be reminded that you can speak to any teacher and your Student Managers and Heads of Year are there to support you with specific worries that you may be experiencing. In addition, the Safeguarding posters displayed around the school show you exactly who to go to if you are concerned about your own, or someone else's safety.

Childline's 'Something's Not Right' campaign also has lots of advice on the many ways that you can ask for support. This includes useful links to message boards and conversation starters, as well as guidance on how to seek help. You can access this by following the link below:

<https://www.childline.org.uk/somethings-not-right>

Kind regards,

Mrs Carey

(On behalf of the Safeguarding Team)



GETTING HELP IF YOU'RE WORRIED

If something's happened or you're worried, there's always someone you can talk to.